

## **Life Space Crisis Intervention Training**

Rushmore Plaza Holiday Inn, Rapid City, South Dakota  
June 18-22, 2012



*Advanced reclaiming skills for children and youth involved in self-defeating patterns of behavior.*

### **What is Life Space Crisis Intervention?**

LSCI is a therapeutic strategy for using crisis situations as opportunities to help students learn alternatives to patterns of aggressive, disrespectful, or self-demeaning behavior. LSCI is being successfully used by teachers, counselors, alternative and special educators, mental health and juvenile justice staff, residential child care professionals, administrators, and others who deal directly with youth in conflict in family, school and community. LSCI blends psychodynamic, cognitive, behavioral and pro-social methods to develop powerful teaching and treatment interventions for our most challenging youth.

### **A Short History of LSCI**

This therapeutic strategy was called ~~Life~~ life space interview+by Fritz Redl and David Wineman, co-authors of *The Aggressive Child*. Their model was refined at the University of Michigan and the National Institute of Mental Health by William Morse and Nicholas Long, co-authors of *Conflict In The Classroom*. In 1992, Mary Wood of the Developmental Therapy Institute co-authored with Nicholas Long, *Life Space Intervention: Talking To Children In Crisis*. Currently LSCI research and training for certification is conducted by the Life Space Crisis Intervention Institute of Hagerstown, MD.

### **Crisis as an Opportunity for Learning**

Students in crisis, whether angry, manipulative, anxious, fearful, or depressed, need skilled and caring adults who can help them disengage from conflict cycles and conduct problems. Managed ineptly, a crisis leads to devastating cycles of disruptive behavior--hostility, violence and alienation. Handled well, a crisis provides a window of opportunity to learn new ways of thinking, feeling and behaving. The youth learns to disengage from self-defeating patterns and to develop responsible, pre-social values and behavior.

### **The Need for Positive Behavioral Interventions**

Traditional crisis intervention relies on de-escalation, restraint, exclusion, and zero tolerance to manage volatile behavior. Such methods may establish order, but these interventions alone do not help youth correct their chronic patterns of self-defeating behavior. The serious and shocking problems caused by a decay of families and communities no longer respond to a curriculum of control. Educators and other youth professionals are now being challenged to develop positive behavioral interventions. LSCI provides the next generation of advanced reclaiming skills which enable professionals to move beyond a narrow dependence on containment, coercion and exclusion.

### **Use Powerful Reclaiming Strategies**

Successful completion of this course leads to certification in Life Space Crisis Intervention. Graduate credit is also available. LSCI training is grounded in 27 specific competencies for resolving crisis and reducing disruptive behavior. Problem-solving strategies target these six patterns of self-defeating behavior:

**Red Flag:** Stress in a child's life space is carried to another setting where it sparks conflict.

**Reality Rub:** Distorted perceptions and thinking errors lead to chronic emotional and behavioral problems.

**New Tools:** Problems are caused by inadequacy in social skills and self-management competencies.

**Body Boundaries:** Youths entangled in destructive peer relationships are vulnerable to manipulation.

**Massaging Numb Values:** Youths who feel worthless or guilty and lack self respect act in ways damaging to self.

**Symptom Estrangement:** Youths may be comfortable with bullying or delinquent behavior and show little conscience.

### **Interactive Experiential Training**

The format includes lectures, discussion, videos of actual interventions, role-playing, tutorial sessions and outside readings and projects.

### **Preliminary Daily Schedule**

8:30am . 4:30 pm (lunch provided each day). Certification requires attendance at all sessions through end of training.

## About the Trainer



**Mark Freado** is a trainer and consultant with Cal Farley's and President of Reclaiming Youth International. His 30-year professional career encompasses contributions to the mental health field, public education, social services, program development, leadership, consultation, and training. He is a master trainer of Life Space Crisis Intervention (LSCI), a senior trainer of Response Ability Pathways (RAP) and a certified trainer of Situational Leadership II with the Ken Blanchard Company. Freado has worked with private providers and public agencies throughout the United States as well as Canada and Europe, delivering consulting and training services. He specializes in program development, leadership skills and interventions for at-risk and disadvantaged children, adolescents and their families.

## Optional College Graduate Credit

Participants can enroll for graduate workshop college credit in either Psychology or Special Education. Registration forms will be provided at the training. Course syllabus will be posted on the Reclaiming Youth website. Payment for college credit is made payable to **Reclaiming Youth** and given to the instructor at the training. College credit is provided through Augustana College, a fully accredited, 4-year university located in Sioux Falls, South Dakota ([www.augie.edu](http://www.augie.edu)).

## Training Site and Accommodations

**Rushmore Plaza Holiday Inn** (Phone #605-348-4000) Website: [www.rushmoreplaza.com](http://www.rushmoreplaza.com)  
505 N. Fifth Street, Rapid City, SD 57701 Group Code: RYI

Room Rate: \$106+tax (US Funds) (Group: Reclaiming Youth) Deadline for hotel rate: May 25, 2012

Located in the heart of Rapid City, the Rushmore Plaza Holiday Inn is ideally situated close to downtown shopping, restaurants, parks and walking trails. Rapid City offers visitors all the amenities of a mid-sized city, and its central Black Hills location makes sight-seeing excursions in any direction easy and enjoyable.

## Travel Arrangements

**Participants are responsible for their own transportation.**

**Rapid City** is located in western South Dakota on Interstate 90. When traveling on I-90, take the Haines Avenue Exit (#58). Travel south on Haines Ave. (Haines becomes North 5<sup>th</sup> Street). The Rushmore Plaza Holiday Inn is located adjacent to the Rushmore Civic Center.

**Rapid City Regional Airport** (code: RAP) is serviced by several major airlines (Northwest, United, Delta, etc.) in addition to several smaller carriers. The Rapid City Regional Airport is approximately 20 minutes from the Rushmore Plaza Holiday Inn. Complimentary shuttle service is offered to guests staying at the Rushmore Plaza Holiday Inn. There are also several car rental agencies available at the airport.

**Registration Fees** (includes five-day workshop, training materials, and lunches) **All fees are listed in US Funds.**

**Pre-registration and pre-payment are required for all events. This includes Purchase Orders.**

Standard Fee: **\$595** per person

Early Bird Discount Rate: **\$585** per person (payment must be received by April 1, 2012)

Group Discount Rate: **\$575** per person (for groups of 5 or more; must be submitted together and pre-paid)

**Note:** Registrations will be accepted based on space availability / Limit 40 participants.

### **To Register / Contact Us:**

Reclaiming Youth International, PO Box 57, Lennox, SD 57039 USA  
Phone: (605) 343-1110 or (605) 647-2532 Fax: (605) 647-5212  
E-mail: [seminars@reclaiming.com](mailto:seminars@reclaiming.com)  
[www.reclaiming.com](http://www.reclaiming.com)