



## Counselors Were Available

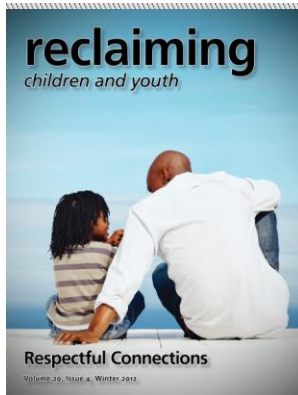
Submitted by Mark Freado

In the aftermath of a school tragedy, we often hear and read that counselors were made available to the students and staff to help them work through the trauma and grief associated with whatever the tragedy may have been. Last Friday I was one of those counselors. While training in Alberta I was informed that Sherrie, a nine-year-old, grade 4 student, died at the end of the school day on Thursday afternoon. She had medical problems with her heart and was functioning with a pacemaker; her second in her nine years of life.



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## New! Journal "TalkingPoints"



You won't want to miss this! Now, each new issue of the journal **Reclaiming Children and Youth** includes a section of discussion questions for professional development, staff training or personal reflection.

**Reclaiming Children and Youth** is the best way to keep up to date on the latest information and best practices in the field. Each quarter, articles based on the Circle of

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## About Us

Reclaiming Youth International (RYI) is dedicated to helping adults better serve children and youth who are in emotional pain from conflict in the family, school, community, or with self.

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anyone who works with troubled youth. TalkingPoints will help you evaluate what works and what can be improved in your setting. Your entire staff will be on the same page, working toward the same goals to reclaim even our most troubled youth.

We are making it easy to apply what has been learned and get everyone involved. Take a sneak peek at our [TalkingPoints!](#)

If you do not currently subscribe to RCY, don't miss another issue. Visit [store.reclaimingjournal.com](http://store.reclaimingjournal.com) or call us toll-free in the US and Canada at 800-285-7910 or 605-647-2534.

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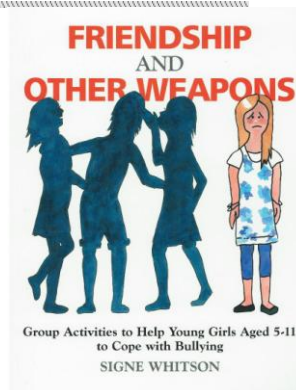
## Friendship and Other Weapons ~ Book Review

A Book Review of [Friendship and Other Weapons](#) by Signe Whitson

Submitted by Lisa Shepard

There are a great many books, theories and beliefs about bullying. Experts and others have devoted volumes discussing the many theories as to why bullying occurs and how professional should handle the overall topic. Schools have developed themes to assist

students in learning to be kind to one another and have devised programs dedicated to mentoring to assist all students to be able to enjoy a positive experience in school and in the community. While all of this is informative and helpful there are fewer examples of curriculum-based instruction dedicated to a specific population of children bullied, facing bullying or are tormentors themselves. Signe Whitson's book ***Friendship and Other Weapons*** is a comprehensive skill-based curriculum of activities designed to teach young girls how to be confident, and proud of who they are.



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## New Year's Resolution Checklist



- \* Put away Christmas decorations? CHECK
- \* Start exercise program? CHECK
- \* Start eating healthier? CHECK
- \* Stop smoking? CHECK
- \* Register for Spring Seminar??????

This is your last chance to receive the Early Bird Discount for the [2012 Spring Seminar](#) in Victoria, British Columbia. The discount ends on February 1, 2012. Don't delay!

[Victoria Seminars](#) events are filling fast. [Register](#) today!

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## Where in the World.....?



Where in the World is Reclaiming Youth International?

We have been busy all over the globe with trainings and specialized presentations that help adults meet the needs of children and youth! Here are some of the places we've been lately:

January 23-26, 2012:

Mark Freado is consulting at Charis Youth Center in California

January 21, 2012:

Martin Brokenleg presented at the Anchorage School District, Anchorage, Alaska

January 16-20, 2012:

Mark Freado conducted an LSCI Training in Edson, Alberta, Canada

Mark Freado began a Developmental Audit on a youth charged in the death of another.

January & February 2012

Steve Van Bockern is working in Dubai and Thailand to spread the message of RYI.

November 2011 - February 2012:

Abby Potter is conducting a series of 5 RAP Trainings in Temple Hills, MD

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### **ALL NEW Facebook Page**

Join us on Facebook to connect, share ideas and stay informed!

Have you discovered our new [Reclaiming Youth International](#) fan page? We would love for you to join us on Facebook, where you can share ideas, learn about the latest developments at Reclaiming Youth, and connect with other professionals in your field.



Look for [Reclaiming Youth International](#) on Facebook. You will be able to catch up on the latest news from Reclaiming Youth, see pictures from past seminars, learn about upcoming events, post a comment, and join a discussion to share ideas!

We are excited to be able to interact with each of you in this way. Tell your friends and co-workers about us & check back often!

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Visit our website at <http://www.reclaiming.com/>

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