



[Social and Emotional Learning - An Idea Whose Time Has Come](#)

By Linda Lantieri

A strong public demand is arising in public schools in the United States to implement effective educational approaches that promote not only academic success but adequately prepare young people to lead us into the next decade. In fact, a growing body of research suggests that helping children develop good social and emotional skills early in life makes a big difference in their long-term health and well-being. In his groundbreaking book *Working with Emotional Intelligence* (1998), Daniel Goleman identified EQ – emotional intelligence – as being as important as IQ in terms of children’s healthy development and future life success. He writes (1998, 19):



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[2010 Victoria Seminar a Spring Success!](#)



A huge thank you to everyone who made the 2010 Victoria Seminars such a memorable event! Approximately 200 individuals attended the various training events held in Victoria, British Columbia last month, and all indications are that this was another inspiring and successful Reclaiming Youth Seminar. [read more](#)

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About Us

Reclaiming Youth International (RYI) is dedicated to helping adults better serve children and youth who are in emotional pain from conflict in the family, school, community, or with self.

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[2010 Summer Seminars ~ Rapid City, South Dakota](#)

Reclaiming Youth International, along with co-founders Martin Brokenleg, Larry Brendtro, and Steve Van Bockern, invites you to recharge your spirits in the inspirational setting of the Black Hills of South Dakota!



The 17th Annual Black Hills Seminars will be held at the Rushmore Plaza Holiday Inn in Rapid City, South Dakota, the gateway to the beautiful Black Hills. Participants may attend the Reclaiming Youth Conference and/or one of the five training events. Join us for hands-on training and opportunities to visit with leading experts in the child and youth care industry; as well as time to connect with others in your field.

Reclaiming Youth International is pleased to announce that two world-renowned experts will be featured speakers at the 2010 Black Hills Conference! Dr. Temple Grandin, autism advocate, animal behavior expert and bestselling author, will keynote on Sunday, June 27th. Dr. Sandra Bloom, psychiatrist, trauma expert and author, will keynote and receive the Spirit of Crazy Horse Award on Monday, June 28th. Make plans now to register early. Space is limited and we anticipate high attendance with the inclusion of these two distinguished individuals on the 2010 conference program.

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[Building Resilience through Humor](#)



Humor as Emotional Intelligence

One characteristic of an emotionally mature person is the ability to use humor to foster positive interpersonal relationships. A sense of humor has been identified as one of those attributes or protective factors in resilient youth. Research on resilience suggests that a sense of humor helps to stress-proof children in conflict. There is little research or documentation related to humor as an approach to working with kids because it is difficult to define and therefore troublesome to measure and explain. What is funny to one person isn't necessarily funny to another. Secondly, humor is a form of power and it can be misused. Sarcasm is one form of humor used inappropriately. Teasing is another example. It is a mildly hostile verbal behavior often with incidental humorous content, meant to belittle or arouse anger in another person. There is confusion between teasing and playfulness.

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[RAP Wristbands Now Available](#)

Attention all past Response Ability Pathways (RAP) participants: [RAP Wristbands](#) are now available to remind you to Connect - Clarify - Restore! These colorful silicone wristbands are set in the colors of the Circle of Courage and are now available through the [RYI Online Bookstore](#).



Visit our website at : <http://www.reclaiming.com>

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