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## [Are You Enough?](#)

By: Dr. Martin Brokenleg

Vice President & Co-Founder, Reclaiming Youth International



Several days each year, I lead training days for teachers, child-workers, and parents. On those days, I sometimes have a few minutes during breaks to speak with individuals. I am impressed with the dedication and effort I see among teachers and youth workers. I am sometimes breathless when I see the love parents have for their children.

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Reclaiming Youth International is now on Facebook!

Visit us at [Reclaiming Youth Network](#) and become a member. You will be able to catch up on the latest news from Reclaiming Youth, see pictures from past seminars, learn about upcoming events and join a discussion group to share ideas!



## **Contact Us**

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## **About Us**

Reclaiming Youth International (RYI) is dedicated to helping adults better serve children and youth who are in emotional pain from conflict in the family, school, community, or with self.

## **Subscribe**

Would you like to be added to our mailing list and stay up to date on all the happenings at

We are excited to be able to connect with each of you in this way. Tell your friends and co-workers about us & check back often as the page is updated!

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## **One More Bite of the Elephant**

By: Mark Freado



Anyone who has tried to transform a team, a program or a school knows how daunting that task can be. Transforming an entire school system brings to mind the question: How do you eat an elephant? One bite at a time! Regina Public Schools, in Regina Saskatchewan, Canada, has enjoyed a more than decade long relationship with Reclaiming Youth International. Embracing the Circle of Courage, which is the philosophical foundation of our work, they also brought the strength-based practices of Response Ability Pathways (RAP) and Life Space Crisis Intervention (LSCI) to their community. In the work they have done already they have had several bites of the elephant. Now they are poised for more.

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## **2010 Spring Seminar ~ Victoria, British Columbia**

Reclaiming Youth International  
Spring Seminars 2010



Victoria, British Columbia

April 17-19, 2010

Reclaiming Youth International returns to the beautiful Pacific Northwest as we offer the 2010 Spring Seminars in Victoria, British Columbia. Pre-registration and pre-payment are required. Space is limited. Register today!

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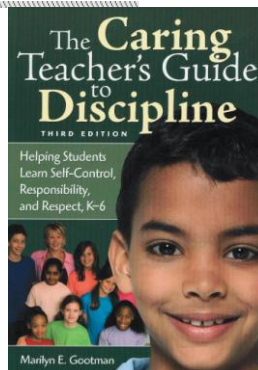
## **The Caring Teacher's Guide to Discipline ~ Book Review**

A Book Review of:

[The Caring Teacher's Guide to Discipline: Helping Students Learn Self-Control, Responsibility, and Respect, K-6](#)

By: Marilyn E. Gootman

3rd Edition, 2008 Corwin Press



Reviewed by: Steve Van Bockern

I work with undergraduate students who want to become teachers. One book that I've used for a number of years in my classroom management and discipline class is Marilyn E. Gootman's book *The Caring Teacher's Guide to Discipline*. While it has the younger student in mind, many of the ideas translate well for all children. Her strength based,

positive approach matches nicely with the reclaiming philosophy. She defines caring discipline as discipline that helps children develop self-control. For her, discipline is not synonymous with punishment; it is more about teaching children how to do the right thing. Her book suggests how this can be done: giving students a sense of belonging, setting limits, helping children develop confidence in their abilities, giving them responsibility and teaching them how to solve problems and make good judgments, as well as correcting behavior.

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